

# **Guide to the Gaylesta Brochures on Lesbian, Gay, Bisexual, and Transgender Mental Health Collection**

MS 2024



compiled by Christy Tomecek

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## Collection Overview

**REPOSITORY:** Manuscripts and Archives  
Yale University Library  
P.O. Box 208240  
New Haven, CT 06520-8240  
(203) 432-1735  
(203) 432-7441  
beinecke.library@yale.edu  
<http://www.library.yale.edu/mssa/>

**CALL NUMBER:** MS 2024

**CREATOR:** Gaylesta

**TITLE:** Manuscripts and Archives, Yale University Library Gaylesta publications collection

**DATES:** 2007–2012

**PHYSICAL DESCRIPTION:** .02 linear feet (1 box)

**LANGUAGE:** The material is in English.

**SUMMARY:** The collection consists of ephemera, mostly educational brochures, about issues and experiences members of the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community may face that can impact their mental health. Topics include HIV/AIDS, gender identity, biphobia and bisexual erasure, body image and eating disorders, coming out, queer parenting, domestic violence, stress and anxiety, and trauma. There are also brochures covering kink-aware therapy for those who are interested in BDSM (bondage, discipline, sadism, masochism) and/or fetish practices, and polyamory-aware therapy for those interested or involved in ethical non-monogamous relationship structures. Finally, there is an information card about Gaylesta's services and mission and a brochure for therapists interested in joining Gaylesta. All materials also give contact information for Gaylesta's referral services.

**ONLINE FINDING AID:** To cite or bookmark this finding aid, please use the following link: <https://hdl.handle.net/10079/fa/>

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## Requesting Instructions

To request items from this collection for use in the Manuscripts and Archives reading room, please use the request links in the HTML version of this finding aid, available at <https://hdl.handle.net/10079/fa/>.

To order reproductions from this collection, please go to [http://www.library.yale.edu/mssa/ifr\\_copy\\_order.html](http://www.library.yale.edu/mssa/ifr_copy_order.html). The information you will need to submit an order includes: the collection call number, collection title, series or accession number, box number, and folder number or name.

Key to the container abbreviations used in the PDF finding aid:

b.      box

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## Administrative Information

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### Immediate Source of Acquisition

Transferred from the Librarian for Lesbian, Gay, Bisexual, and Transgender Studies and Women's, Gender, and Sexuality Studies, 2015.

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### Conditions Governing Access

The materials are open for research.

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### Conditions Governing Use

Copyright has not been transferred to Yale University. Transmission or reproduction of materials protected by U.S. Copyright Law (Title 17, U.S.C.) beyond that allowed by fair use requires the written permission of the copyright owners. Works not in the public domain cannot be commercially exploited without permission of the copyright owners. Responsibility for any use rests exclusively with the user.

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### Preferred Citation

Manuscripts and Archives, Yale University Library Gaylesta Publications Collection (MS 2024).  
Manuscripts and Archives, Yale University Library.

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## Biographical / Historical

Gaylesta was founded in 1987 as a psychotherapy association for lesbian, gay, bisexual, transgender, and queer (LGBTQ) community in San Francisco, California. It was formally established as an unincorporated association in 1988 and incorporated as a non-profit organization in 1997. Gaylesta's main services include referring prospective patients to member therapists via a phone number or their website, organized by specialty of the therapist and patient needs, outreach to the LGBTQ community at public events, educational and professional development workshops, and mentoring.

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## Scope and Contents

The collection consists of ephemera, mostly educational brochures, about issues and experiences members of the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community may face that can impact their mental health. Topics include HIV/AIDS, gender identity, biphobia and bisexual erasure, body image and eating disorders, coming out, queer parenting, domestic violence, stress and anxiety, and trauma. There are also brochures covering kink-aware therapy for those who are interested in BDSM (bondage, discipline, sadism, masochism) and/or fetish practices, and polyamory-aware therapy for those interested or involved in ethical non-monogamous relationship structures. Finally, there is an information card about Gaylesta's services and mission and a brochure for therapists interested in joining Gaylesta. All materials also give contact information for Gaylesta's referral services.

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## Arrangement

The materials are arranged by document type.

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## Collection Contents

b.1	Educational brochures	2007-2012
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## **Selected Search Terms**

The following terms have been used to index the description of this collection in the Library's online catalog. They are grouped by name of person or organization, by subject or location, and by occupation and listed alphabetically therein.

### **Subjects**

Bisexuals -- United States  
Gay men -- United States  
Lesbians -- United States  
LGBTQ resource  
Mental health services -- California -- San Francisco  
Transgender people -- United States

### **Corporate Body**

Gaylesta

### **Contributors**

Gaylesta  
Yale University. Department of Manuscripts and Archives